

**ROBERT A. KAYAL, MD, FAAOS**

**BOARD CERTIFICATION**  
Orthopedic Surgery

**EDUCATION + TRAINING**  
Medical school at UMDNJ-NJMS

Residencies at Long Island Jewish Medical Center, NY Schneider's Children's Hospital, North Shore University Hospital, Jamaica Hospital, New York University Medical Center, Beth Israel North Medical Center and Memorial Sloan-Kettering Medical Center

**SERVICES**

- Minimally invasive surgery
- Sports medicine
- Arthroscopy
- Partial & total joint replacement
- Trauma/fracture care treatment of spinal disorders
- General orthopedics
- Bone density testing
- Platelet rich plasma injection
- Hip arthroscopy
- Foot and ankle care
- Osteoporosis
- Laser treatment
- Customized knee replacement

# Kayal Orthopaedic Center, PC.



The skilled orthopedic surgeons at Kayal Orthopaedic Center, PC pride themselves in providing outstanding orthopedic care. Founder, president and CEO of the practice, Robert A. Kayal, MD, FAAOS, says he and his staff are dedicated to getting their patients "back in the game" quickly and safely by providing outstanding and innovative orthopedic care.

Prior to opening the Kayal Orthopedic Center, Dr. Kayal earned his medical degree from UMDNJ-

NJMS (now Rutgers New Jersey Medical School) and then completed a five year orthopedic surgery training in New Jersey. He is a Fellow of the American Academy of Orthopedic Surgeons, as well as an active member of the New Jersey Orthopedic Society, Orthopedic Surgeons of New Jersey, Bergen County Medical Society and the American Medical Association.

Kayal's medical practice has built its stellar reputation on patient referrals and word-of-mouth

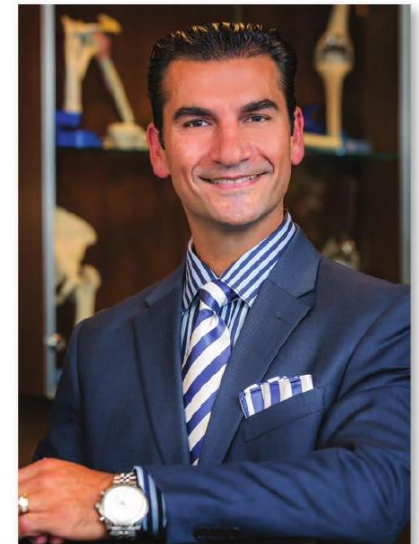
recommendations. The Orthopaedic Center is comprised of a talented group of physicians who utilize the most effective, innovative orthopedic techniques. "Our physicians possess the rare combination of exceptional surgical skills, an uncanny passion for the field of medicine, and an extraordinary compassion for people," says Kayal.

Treating patients in Bergen, Essex, Hudson, Morris, and Passaic counties, Kayal and his staff are focused on developing strong relationships with their clients who entrust them with their orthopedic health. "My associates and I aim to provide outstanding care in an office environment that is warm, friendly, and family-like."

To deliver the best possible patient care, Dr. Kayal and his associates utilize the most advanced technologies and treatments available in the industry. "I am always striving to improve the quality of orthopedic medicine in our community," says Kayal. "I am constantly thinking about what I can do next to improve the quality of care I can deliver to my patients. During the past 16 years at the Kayal Orthopaedic Center, I've pioneered numerous orthopedic technologies in Northern New Jersey, including outpatient partial knee replacement surgery, hip arthroscopy, platelet rich plasma injection therapy

and most recently, customized total knee replacement surgery." To complete the procedure, Dr. Kayal uses imaging equipment to create a three dimensional blueprint of the patient's arthritic knee, which is then used to create a new knee designed specifically for each patient's body and lifestyle. This procedure not only speeds rehabilitation and optimizes surgical outcomes, but it also improves patient satisfaction: "Two months out from surgery I can shop, do housework, vacuum, climb stairs, and walk half a mile. I have regained total function, rarely take pain medication, and still have a month of rehab to fine-tune everything and build my endurance," says one of Dr. Kayal's customized total knee replacement patients. In contrast to typical knee replacement surgery, which typically requires three or four months of rehabilitation for patients to fully regain their strength and mobility, the results are remarkable.

Helping his patients recover and



*"We strive to provide our patients with the most cutting-edge, minimally invasive and compassionate orthopedic care available today."*

regain their health is what fuels Dr. Kayal's ever growing passion for medicine. "Being an orthopedic surgeon is, without hesitation, the most rewarding profession out there. The satisfaction of changing people's lives, ridding them of their pains and restoring their quality of life is indescribable. It is truly an honor to be in this position and for this privilege, I will be forever thankful."

Robert A. Kayal, MD, FAAOS  
KAYAL ORTHOPAEDIC CENTER, PC.  
784 Franklin Avenue, Suite 250  
Franklin Lakes, NJ 07417 | 201-560-0711  
[www.KayalOrtho.com](http://www.KayalOrtho.com)

View Full Profile at [www.NJTopDocs.com](http://www.NJTopDocs.com)  
COUNTY: Essex, Passaic, Bergen, and Hudson  
SPECIALTY: Sports Medicine, Orthopedic Surgery, Spinal Disorders

